

IN THE UNITED STATES DISTRICT COURT
FOR THE NORTHERN DISTRICT OF CALIFORNIA

ELLEN THIVIERGE,

No. C 05-0163 CW

Plaintiff,

v.

ORDER GRANTING
PLAINTIFF'S
MOTION FOR
JUDGMENT AND
DENYING
DEFENDANTS'
MOTION FOR
JUDGMENT

HARTFORD LIFE AND ACCIDENT INSURANCE
COMPANY AS ADMINISTRATOR AND
FIDUCIARY OF THE MILLS PENINSULA
HOSPITALS GROUP WELFARE PLAN NUMBER
506, and THE MILLS PENINSULA
HOSPITALS GROUP WELFARE PLAN NUMBER
506,

Defendants.

_____ /

Plaintiff Ellen Thivierge filed this lawsuit against Hartford Life and Accident Insurance Company (Hartford) and the Mills Peninsula Hospitals Group Welfare Plan Number 506 (Plan) (collectively, Defendants), after Defendants terminated her long-term disability benefits. Plaintiff now moves, pursuant to Federal Rule of Civil Procedure 52, for judgment by the Court. Defendants

1 oppose the motion, and cross-move for judgment in their favor. The
2 matter was heard on January 13, 2006. Having considered all of the
3 papers filed by the parties, the evidence cited therein and oral
4 argument on the motion, the Court grants Plaintiff's motion and
5 denies Defendants' motion.

6 BACKGROUND

7 Plaintiff worked as a director of organizational development
8 at Mills Peninsula Hospital for approximately sixteen years, from
9 August 20, 1970 until August 2, 1995. Her position is classified
10 as "medium work" requiring three hours of sitting, five hours of
11 standing and one hour of walking. The job description indicates
12 that the job requires good organization and verbal/written
13 communication skills, the ability to influence people and
14 supervisory skills. As an employee of the hospital, Plaintiff was
15 covered by its long-term disability plan (LTD Plan), which was
16 administered by Hartford. Under the LTD Plan, a person is deemed
17 to be totally disabled if, during the six-month elimination period
18 and the next twenty-four months, a disability prevents her "from
19 doing all the material and substantial duties" of her "own
20 occupation." Administrative Record (AR) 583. After that twenty-
21 four month period, a person is considered totally disabled if a
22 disability prevents her "from doing any occupation or work" for
23 which she is, or could become, qualified by training, education or
24 experience. Id.

25 On January 3, 1996, Dr. Donald Ho filled out Hartford's
26 Attending Physician's Statement of Disability for Plaintiff, noting
27 diagnoses of lupus arthralgia, chronic fatigue syndrome (CFS) and
28

1 recurrent viral infections. Under the prognosis section of the
2 form, Dr. Ho marked the box indicating that Plaintiff was disabled
3 from her own job and any other job. Dr. Ho further noted that he
4 expected a "fundamental or marked change in the future," and wrote
5 "7/1/96" as the date when Plaintiff would recover sufficiently to
6 perform her duties and return to work. AR 379-80.

7 A few days later, the hospital submitted a long-term
8 disability benefits claim to Hartford on Plaintiff's behalf,
9 attaching the Attending Physician's statement. The employer's
10 statement listed "fatigue" as the reason Plaintiff stopped working.
11 AR 377.

12 Plaintiff received a letter from Hartford dated January 19,
13 1996, stating that it had received her claim and had begun its
14 investigation. AR 368. The letter noted that it had ordered her
15 medical records from Dr. Ho and two doctors that Dr. Ho had
16 referred Plaintiff to see, Dr. Spencer T. Lowe and Dr. David
17 Klonoff.

18 In a claims division summary report dated February 27, 1996, a
19 Hartford examiner recommended approving Plaintiff's claim. AR 354.
20 The report contained the following information:

21 In 1994, Dr. Ho had referred Plaintiff to Dr. Lowe for a
22 rheumatology consultation and evaluation of systemic connective
23 tissue disorder, positive ANA, polyarthralgias and fatigue. Dr.
24 Lowe had observed that "she does have some sort of 'autoimmunity'
25 given the titer of the ANA observed. However, she does not fit
26 diagnostic criteria to be labeled as having systemic lupus
27 erythematosus." AR 353; see also AR 364-66, Dr. Lowe's Dec. 23,

1 1994 letter to Dr. Ho regarding Plaintiff ("My impression is that
2 this is a very pleasant, 43-year-old female with polyarthralgias
3 and a marked elevation in the ANA presenting with marked fatigue
4 who has some sort of undefined connective tissue disorder."). Dr.
5 Lowe indicated that Plaintiff's prognosis was good.¹

6 In June, 1995, Dr. Klonoff, a regional expert in CFS, had
7 found, "There is recently a marked increase in the demands of work
8 and home. The joints feel more painful when she is stressed." He
9 recommended that Plaintiff seek counseling. Based on Plaintiff's
10 July 27, 1995 visit, he had concluded that Plaintiff suffered from
11 "CFS w/ severe job stress (i.e. dx of anxiety) too busy or tired to
12 exercise. She needs time to heal . . . I feel patient is disabled
13 and cannot work and should not work." Dr. Klonoff indicated that
14 Plaintiff would be able to return to work, but at a different
15 occupation.

16 On February 28, 1996, the claims division summary report was
17 approved. The next day, Hartford sent Plaintiff a letter informing
18 her that her claim for long-term disability benefits had been
19 approved. The letter stated that her disability date was
20 established to be August 3, 1995, and, following the end of the

21
22 ¹In January, 1996, Hartford sent a Physical Capacities
23 Evaluation form to Dr. Lowe. The form includes such questions as,
24 "Please check the frequency that the patient can perform the
25 following activities" and, "Please check the exact degree of work
26 you feel this patient is capable of performing." He returned the
27 form, writing, "I'm sorry, but I don't have enough information to
28 complete this form. Please see my [word undecipherable] note from
Dec. 23, 1994." AR 1786-88. The note he refers to is his letter
to Dr. Ho. In January, 1996, Hartford also sent a Physical
Capacities Evaluation form to Dr. Ho. He did not fill out the
form, writing that it was not an appropriate measure of disability.
AR 400.

1 six-month elimination period, Plaintiff's benefits became effective
2 on February 3, 1996. Also explained in the letter, as noted above,
3 was that, for the first twenty-four months, total disability meant
4 the inability to perform the material and substantial duties of
5 one's own occupation. But to remain eligible for continued long
6 term disability benefits after twenty-four months, one must be
7 unable to work in any occupation. The letter stated that
8 Plaintiff's "test of disability will change on February 3, 1998."
9 AR 350-51.

10 A case management summary note from March 27, 1996, states
11 that Plaintiff "would like to work but unable due to disease--
12 unreliable as to when she will or will not feel good or bad.
13 Hospital says would use her as a consultant but at present she's
14 too unreliable as her illness dictates when she feels good or bad."
15 AR 341.

16 Dr. Ho sent a letter regarding Plaintiff to Hartford dated
17 April 3, 1996. He wrote, "Due to the persistent nature of her
18 difficulties and relapsing infections with associated protracted
19 recuperative periods, I have serious doubts that she will be able
20 to return to any gainful employment for the remainder of the year.
21 I have extended her disability until January 1, 1997." AR 124.

22 On June 6, 1996, a Hartford examiner filled out a Social
23 Security Assistance Referral form on behalf of Plaintiff. The
24 counselor's comments on the form noted that, based on Plaintiff's
25 age and education, getting Social Security benefits would be
26 challenging; however, based on the severity of her debilitating
27 diagnosis, Plaintiff should apply for benefits. AR 326. At first,
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1 Plaintiff was denied Social Security benefits. But, in a decision
2 dated May 21, 1997, an Administrative Law Judge determined that
3 Plaintiff was eligible, finding that Plaintiff "suffers from lupus
4 and chronic fatigue syndrome, which prevent her from performing
5 even the full range of sedentary work." The order further found
6 that Plaintiff's subjective complaints are credible and consistent
7 with the medical evidence of record, that she cannot lift ten
8 pounds on a frequent basis and that she cannot perform sustained
9 work activity for more than two to three hours in a workday. AR
10 289-93.

11 Plaintiff continued to receive benefits from Hartford, even
12 after the twenty-four months had elapsed and she was entitled to
13 benefits only if she was unable to perform "any occupation."
14 Plaintiff submitted periodic statements from herself and her
15 attending physician, Dr. Ho, from February 3, 1996 through 2003,
16 when her benefits were terminated. Dr. Ho remained Plaintiff's
17 attending physician even after Plaintiff moved from the San
18 Francisco Bay Area to Ashland, Oregon in 1998. According to the
19 statements submitted by Plaintiff and Dr. Ho, her symptoms remained
20 essentially the same and her impairments depended largely on the
21 severity of her flu-like symptoms. See, e.g., AR 144, 150-154,
22 156-157, 174, 178-79, 198-201, 304.

23 In 2002, for reasons unstated, Defendants began surveillance
24 of Plaintiff. AR 531-551. She was observed on two days in April,
25 two days in May and two days in November. In April, an
26 investigator observed Plaintiff leaving her home, driving to town
27 and running various errands. According to the investigator,
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1 Plaintiff at no time appeared lethargic or tired; instead her
2 movements "were always brisk and quick with no signs of discomfort
3 or fatigue." AR 545. But, during the two days, she was only
4 observed outside her home for a couple of hours each day. On both
5 days, she returned home by noon and the investigator reported no
6 "subject activity" after she returned home. In May, Plaintiff was
7 observed driving her children to school and going to the store.
8 The investigator stated that Plaintiff "was filmed getting into her
9 vehicle twice, reaching in through her car window, reaching over
10 her left shoulder to grab her seat belt and standing with her hands
11 on her hips. During the recorded video period of the subject, no
12 sign of discomfort or fatigue was ever seen by the investigator."
13 AR 538. Most of the day, however, Plaintiff spent inside her home.
14 During the second day of observation in May, Plaintiff never left
15 her home and no subject activity was observed. In November, the
16 investigator stated that Plaintiff was observed away from her home
17 for one hour on the first day of surveillance and at least two and
18 a half hours on the second day of surveillance. On the first day,
19 the investigator observed Plaintiff and her husband taking a one-
20 hour walk, noting that they "walked briskly the whole time."
21 AR 531.

22 Following the surveillance, a Hartford employee interviewed
23 Plaintiff at her home on February 27, 2003. AR 512-22. During the
24 interview, Plaintiff explained why Dr. Ho was still her attending
25 physician: "The reason I go to California for treatment is because
26 my husband is still employed by the policyholder, Mills Peninsula
27 Hospital and Dr. Ho has been my longtime physician and I really
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1 trust him. He is an unbelievably good physician." AR 512.

2 Plaintiff visited Dr. Ho "usually bi-annually." In Oregon, she saw
3 a certified Reiki Healer for energy treatment and a homeopathic
4 healer for nausea, but declined to provide their names, although
5 she later gave the name of the Reiki Healer.

6 During the interview, Plaintiff stated that, on good days, she
7 can walk twenty to twenty-five minutes, stand, sit, kneel, squat,
8 cook, do light housework and carry light items. But on bad days
9 she experiences weakness and feels sick if she gets up, has severe
10 diarrhea and cannot do anything but lie down. On a good day her
11 pain level is zero, but on a bad day it is ten. On the day of the
12 interview her pain level was two and she stated that it was a bad
13 day. She noted that she can start out having a good day and then
14 it will suddenly be a bad day, where she is weak and ill, which can
15 last up to three weeks; she can have several days when she feels
16 normal, but then wake up the next day feeling like she has a severe
17 case of the flu, which can last two days or three weeks. According
18 to Plaintiff, her good days occur approximately three to eight days
19 a month on average, the rest are bad days; it's impossible to
20 predict when she will have a good day. Even on the bad days,
21 however, she will still have to take her children places if her
22 husband is out of town and a friend is unable to take them.

23 Plaintiff stated that she does not have enough good days to be able
24 to hold down a job and that she cannot function when she
25 experiences the weakness and flu-like symptoms. Plaintiff stated
26 that she did volunteer to be on a committee to develop a criterion
27 for closing a local school. The committee met ten times for two
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1 hours a week from September, 2002, to November, 2002. Although she
2 sometimes felt unwell, Plaintiff stated, she still attended the
3 meetings because she very much wanted to stay on the committee.
4 She became the informal leader of the group and gave the
5 presentation to the community and the school board. But when it
6 was over, Plaintiff stated that she crashed hard and went to bed
7 for a week.²

8 Near the end of the interview, the Hartford employee showed
9 Plaintiff the surveillance videos. According to the Hartford
10 employee, "Mrs. Thivierge watched the surveillance films
11 attentively. Mrs. Thivierge stated that the activity check
12 surveillance video films accurately depict her level of
13 functionality and her level of restrictions and limitations." AR
14 520. She stated that she could tell she was having a good day on
15 the day she went for the walk in November because she was walking
16 well and that she was having a good day in all the films because
17 she was out of the house. If she was having a bad day, she would
18 not be out of the house.

19 After the approximately four hour interview, the Hartford
20 employee observed the following:

21
22
23 ²Plaintiff's medical note from July 7, 2003, states, "Ran for
24 local school board in her city and won. Unfortunately, there is
25 going to be some added stress to her life and it may make her
26 chronic fatigue problem worse." AR 684. Although Defendants note
27 that they discovered this through medical records after the
28 interview, Plaintiff does not address her work as a member of the
school board in her reply brief. At the hearing, Plaintiff's
counsel provided the Court with Plaintiff's declaration describing
her work as a member of the school board. Plaintiff filed the
declaration after the hearing.

1 Mrs. Thivierge was an active participant in the
2 interview process. Mrs. Thivierge was attentive and was
3 able to provide cogent responses and answers. Mrs.
4 Thivierge seemed to be able to concentrate and focus. I
5 noted that Mrs. Thivierge was able to edit and amend her
6 first statement. Mrs. Thivierge was able to correct
7 spelling and grammatical errors. Mrs. Thivierge spent
8 45 minutes in this process . . . Mrs. Thivierge cried
9 on two occasions during the interview. The first one
10 was when she was describing her typical day. She stated
11 that the reason she was crying is because she remembers
12 what she used to be able to do. The second time was
13 when she was describing her vertigo . . . Mrs.
14 Thivierge remained seated during the entire interview.
15 Only at the end of the surveillance video did Mrs.
16 Thivierge excuse herself to use the restroom.

17 AR 522. The Hartford employee also noted that the interview was
18 not yet complete when Plaintiff had to leave to accompany a friend
19 to a doctor's appointment.

20 Following the interview, Hartford arranged for Dr. Alan
21 Kimelman, a Board-Certified Physical Medicine and Rehabilitation
22 Specialist, to examine Plaintiff. Based on an interview and
23 examination of Plaintiff, her medical records and the surveillance
24 tape, Dr. Kimelman prepared a Long-Term Disability Evaluation dated
25 August 14, 2003. AR 119-139. Dr. Kimelman diagnosed Plaintiff
26 with recurrent chronic fatigue symptoms, finding that she did not
27 meet the criteria for establishing the presence of CFS set by the
28 Center for Disease Control. He noted, "The severity of the
condition is episodic with flu-like symptoms, fatigue, muscle pain,
nerve pain, diarrhea, nausea, and occasional weight loss occurring
paroxysmally and at other times remitting. Mrs. Ellen Thivierge
appears very believable and her medical records corroborate
symptoms such as she claims. Nonetheless, on today's examination,
symptoms and findings are minimal." AR 137. Dr. Kimelman

1 concluded that, although Plaintiff was believable, "her objective
2 factors noted today" show that "Mrs. Ellen Thivierge is able to
3 perform at a sedentary occupation." Id. He checked "Yes" in
4 response to the question, "Has the patient reached maximum medical
5 improvement."

6 Hartford sent Dr. Kimelman's report to Dr. Ho, along with the
7 video surveillance report and the personal interview report dated
8 February 27, 2005. AR 110-12. Dr. Ho wrote back to Hartford that
9 Plaintiff "has ongoing difficulties with an ill-defined auto-immuno
10 disorder associated with chronic fatigue syndrome and fibromyalgia.
11 She is incapable of performing steady/consistent occupation of any
12 variety for any duration. She continues to require long-term
13 disability." AR 110.

14 In Hartford's claim log for October 16, 2003, a Hartford
15 employee noted that he "reviewed information with Team Leader L.
16 Torres and he states that there is not enough to terminate claim at
17 this time based on IME by Dr. Kimelman, suggests that we move
18 forward and refer to UDC for review by Internal Medicine physician
19 with a specialty in fibromyalgia and chronic fatigue syndrome." AR
20 144.

21 Hartford sent Plaintiff's medical records to the University
22 Disability Consortium (UDC), where Dr. Jerome Siegel, who is
23 certified in Occupational and Internal Medicine, reviewed them.
24 Dr. Siegel also talked with Dr. Ho. In his medical record review
25 of Plaintiff, dated November 23, 2004, Dr. Siegel concluded:

1 Based on a review of the medical records,
2 discussion with Dr. Ho and a review of the video
3 surveillance, Ellen Thivierge is a 52-year-old woman
4 with multiple medical problems including chronic fatigue
5 syndrome, fibromyalgia, and a possible undefined
6 connective tissue disease. Ms. Thivierge has been out
7 of work since 8/2/95 and has previously worked as
8 director of organizational development. The medical
9 records support that Ms. Thivierge has had many years of
10 multiple somatic complaints and constitutional symptoms
11 including chronic fatigue, general malaise, diffuse
12 weakness, chronic pain, palpitations, nausea, anxiety,
13 depression, and flu-like symptoms. She has had
14 difficulties with headaches, abdominal cramping,
15 diarrhea, and intermittent cognitive complaints.

16 The medical records do not clarify what specific
17 functional limitations, if any, Ms. Thivierge has on a
18 regular basis. Dr. Ho indicates that from Ms.
19 Thivierge's self-report, she indicates that she is
20 unable to perform various activities of daily living and
21 instrumental activities of daily living. Despite this,
22 however, he has not been asked to order any visiting
23 nurse or homecare services He is unaware if she
24 takes regular walks or participates in a gym or health
25 club program. He is unaware if she has had any recent
26 cardiac stress test to give a quantitative estimate of
27 her level of conditioning or fitness. She is seen at
28 regular intervals such as every two to four months, and
she travels with her husband five to six hours to
continue to follow with Dr. Ho because of the
restrictions of her Health Maintenance Organization
(HMO). The medical records do not contain any
correspondence with the HMO by Dr. Ho recommending Ms.
Thivierge be followed closer to her home or be seen by
other specialists or therapists in her local area.

Dr. Ho indicates that he is unaware of what Ms.
Thivierge does on a typical day. He notes that all of
her limitations have been based on her self-report and
he himself has not witnessed her being physically unable
to perform specific activities. In addition, there is
no other information from a physical therapist,
occupational therapist, or visiting nurse to corroborate
her self-reported problems with diminished activity
. . . . The video surveillance does not demonstrate any
specific problems with physical functions, difficulties
with transfers, mobility, or the use of an assistive
device. Although the medical record supports that she
has had fluctuating and intermittent levels of fatigue
throughout the last eight years, there is no information
that Ms. Thivierge has returned to any type of work
activities. The independent medical evaluation of
9/4/03, supports that Ms. Thivierge is physically
capable of at least sedentary work activities.

1 From the review of the video surveillance and
2 medical records, however, it is my opinion that Ms.
3 Thivierge should be physically capable of performing
4 full time sedentary to light duty work activities. The
physical restrictions would include 10-20-lb lifting
restriction, alternating sitting and standing, and
rotation of job tasks and activities.

Ms. Thivierge has an unclear prognosis.

5 AR 95-7.

6 In Hartford's claim log for November 26, 2003, a Hartford
7 employee noted that he received Dr. Siegel's report finding
8 Plaintiff capable of sedentary work and that "Physician, Dr. Ho,
9 was contacted, and still disagrees that claimant is able to hold
10 down a full-time job, however does not provide any current evidence
11 that supports his opinion. Claimant lives 6 hours away from
12 physician and only sees him 2-3 times a year." AR 444. The
13 employee further noted that he was referring Plaintiff's case to
14 the rehabilitation department for an employability analysis.

15 A Rehabilitation Clinical Case Manager prepared an
16 employability analysis report based on Plaintiff's physical
17 capacities as determined by Dr. Siegel and Dr. Kimelman, and her
18 education and work history. The report determined that there were
19 seven suitable occupations for Plaintiff, including her previous
20 occupation. AR 76-92.

21 On December 16, 2003, Hartford terminated Plaintiff's long-
22 term disability benefits. AR 66. The ten-page termination letter
23 concluded that the weight of the medical evidence in Plaintiff's
24 file supports that Plaintiff is capable of full-time sedentary
25 level work. It noted that, although she may have some limitations
26 regarding her physical abilities, those limitations are not to a
27

1 degree that prevents her from gainful employment. The letter cited
2 the Independent Medical Examination performed by Dr. Kimelman and
3 the medical records review performed by Dr. Siegel, both of which
4 found that Plaintiff should be able to perform a sedentary level
5 occupation, and then stated, "Dr. Ho does not provide us with
6 sufficient rationale to support your inability return [sic] to work
7 in a sedentary level occupation."

8 Plaintiff appealed the denial of her claim. AR 609-617. She
9 submitted additional medical records and reports from Dr. Ho and
10 Dr. Lowe, articles regarding chronic fatigue syndrome and
11 declarations from her friends and family attesting to her
12 disability. AR 618-806. In support of her appeal, Dr. Ho wrote:

13 The nature of Ellie's condition is that of an
14 unpredictable and uncontrollable relapse into a
15 severely weakened, debilitated and exhausted state that
16 often times renders her bedbound or housebound. Such a
17 condition usually lasts at least 1-2 weeks. No
18 employer can tolerate that type of inconsistent
19 attendance and loss of productivity. The only
20 predictable aspect of her condition is that whenever
21 she overextends her capabilities and endurance, she
22 will be extremely weakened and afflicted for a number
23 of days. These innumerable episodes of affliction are
24 well documented in my records. As even Dr. Kimmelman
25 [sic] concludes, her condition is "very believable and
26 her medical records corroborate the symptoms such as
27 she claims."

28 AR 620.

22 Hartford again sent Plaintiff's files, including documents
23 Plaintiff submitted on appeal, to the UDC, which arranged for Dr.
24 Thomas Cuevas, who is Board-Certified in Internal Medicine, to
25 review them. AR 1201. Dr. Cuevas was instructed to review medical
26 records, surveillance evidence, accompanying reports and the
27 Claimant Interview and to contact Drs. Ho and Lowe to discuss

1 Plaintiff's condition and level of functionality. Dr. Ho, however,
2 would not speak to Dr. Cuevas about his patient's medical condition
3 without her lawyer present. AR 1202. Dr. Cuevas spoke with Dr.
4 Lowe, who stated that Plaintiff "had more than just fibromyalgia."
5 AR 1219. Dr. Lowe described Plaintiff's condition as a "lupus-like
6 syndrome" that manifests polyarthralgias and elevated ANA, and
7 stated that he would expect Plaintiff to have a difficult time
8 working. When asked about specific restrictions and limitations,
9 Dr. Lowe indicated that was a controversial issue in conditions,
10 like Plaintiff's, involving chronic fatigue and fibromyalgia. Dr.
11 Lowe stated that "it was very difficult to prescribe restrictions
12 and limitations and he stated that he had no opinion regarding her
13 restrictions and limitations." AR 1219.

14 In his September 14, 2004 report, Dr. Cuevas concluded that
15 the medical findings supported the diagnostic classification of
16 chronic fatigue syndrome. AR 1220. But he also concluded that
17 "the medical findings do not support impairment in the ability to
18 perform sedentary work on a full-time basis." AR 1221. Before
19 reaching his conclusion regarding Plaintiff's ability to work, Dr.
20 Cuevas noted:

21 In this case, although there is very little information
22 to establish her activity level as far as any
23 information that can be gained from the medical
24 findings, there is a consistent report of difficulty
25 with activity on a consistent basis to provide support
26 for an initial period of impairment. . . . Although it
27 is repeatedly reported that her condition is fluctuating
28 and unpredictable, the claimant was reported to have
"run for a local school board in her city and won."
Thus, she elected to involve herself in activities which
required future planning and commitments. Thus, the
records of medical encounters and office visits offer no
information with which to measure her activity level.

1 In such situations where the activity level cannot
2 reasonably be determined from the clinical information,
3 non-medical surveillance may be of value. In this case,
4 non-medical evaluation conducted on six different days
5 showed her actively performing activities of daily
6 living without any observable impairment and showed her
7 walking for one hour without any visible impairment
8 during the entire time that she walked for that reported
9 hour. To the extent that the time she was placed under
10 surveillance are [sic] a representative example of her
11 activity level and as she reported that she only goes
12 out on good days, the medical findings support her
13 ability to engage in activities of daily living without
14 impairment and supports [sic] the ability to work
15 without restrictions at least at a sedentary level on a
16 full-time basis.

17 AR 1220-21.

18 On September 17, 2004, Hartford completed its review of
19 Plaintiff's appeal. It upheld its former determination that
20 effective December 16, 2003, Plaintiff "no longer satisfies the
21 policy's definition of disability." AR 1131-35.

22 LEGAL STANDARD

23 ERISA provides Plaintiff with a federal cause of action to
24 recover the benefits she claims are due under the LTD Plan. 29
25 U.S.C. § 1132(a)(1)(B). The standard of review of a plan
26 administrator's denial of ERISA benefits depends upon the terms of
27 the benefit plan. Absent contrary language in the plan, the denial
28 is reviewed under a de novo standard. Firestone Tire & Rubber Co.
v. Bruch, 489 U.S. 101, 115 (1989). However, if "the benefit plan
expressly gives the plan administrator or fiduciary discretionary
authority to determine eligibility for benefits or to construe the
plan's terms," an abuse of discretion standard is applied. Id. at
102; Taft v. Equitable Life Assurance Soc'y, 9 F.3d 1469, 1471 (9th
Cir. 1993). The Ninth Circuit has also referred to this as an

1 "arbitrary and capricious" standard. McKenzie v. Gen. Tel. Co. of
2 Cal., 41 F.3d 1310, 1314 & n.3 (9th Cir. 1994); Taft, 9 F.3d at
3 1471 n.2 (use of the term "arbitrary and capricious" versus "abuse
4 of discretion" is a "distinction without a difference").

5 DISCUSSION

6 I. Standard of Review

7 Plaintiff argues that, because the LTD Plan did not explicitly
8 reserve discretion to Defendants, the Court should review de novo
9 Defendants' denial of her benefits. Defendants respond that the
10 LTD Plan did confer discretionary authority on them, and their
11 determination should be reviewed for abuse of discretion.

12 The General Provisions in Section VI of the Group Benefits
13 Plan include the following: "Hartford has full discretion and
14 authority to determine eligibility for benefits and to construe and
15 interpret all terms and provisions of the Group Insurance Policy."
16 AR 599. There is no question that this language confers
17 discretionary authority. But, as Plaintiff notes, this language is
18 not found in the section for long-term disability benefits;
19 instead, it is contained in the life insurance benefits section.
20 Plaintiff asserts that this language conferring discretionary
21 authority applies to life insurance claims only, and not to long-
22 term disability claims. According to Plaintiff, the language that
23 applies to long-term disability claims, and is appropriately found
24 in the long-term disability benefits section, provides, "Hartford
25 reserves the right to determine if proof of loss is satisfactory."
26 AR 587.

27 Defendants respond that the "General Provisions" language
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1 applies to all claims for long-term disability benefits as well as
2 life insurance benefits. They note that the Group Benefits Plan
3 covers both disability claims and life insurance claims and
4 contains only one General Provisions section. The Group Benefits
5 Plan likewise contains only one ERISA section setting forth
6 Plaintiff's rights and, because that applies to both long-term
7 disability benefits and life insurance benefits, Defendants argue
8 that the General Provisions section applies to both long-term
9 disability benefits and life insurance benefits as well.

10 These arguments, however, are unpersuasive. As Defendants
11 note, under the federal common law of ERISA, terms in ERISA
12 insurance policies must be interpreted "in an ordinary and popular
13 sense," as they would be interpreted by "a person of average
14 intelligence and experience." Padfield v. AIG Life Ins. Co., 290
15 F.3d 1121, 1125 (9th Cir. 2002). A person of average intelligence
16 and experience would not think that the General Provisions
17 language, found only in the section discussing life insurance
18 benefits, applies to long-term disability benefits. First, long-
19 term benefits and life insurance benefits are separate sections of
20 the Group Benefits Plan, and each has its own separate, and
21 different, table of contents. AR 578, 589. The language in the
22 claims section of the life insurance plan is completely different
23 from the language in the claims section of the LTD Plan. AR 587,
24 599. There is no "Exclusions" section in the life insurance
25 benefits portion, but the LTD Plan contains a section for
26 "Exclusions" that clearly applies only to the LTD Plan, and not to
27 the life insurance plan. See AR 587 ("EXCLUSIONS: This plan does
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1 not cover and no benefit shall be paid for any Disability which
2"). As Plaintiff notes, the "General Provisions" section
3 appears just above the section entitled "Changing your
4 Beneficiary," which has nothing to do with a disability claim. And
5 the ERISA statement is clearly marked as its own separate section
6 of the Group Benefits Plan; a person of reasonable intelligence and
7 experience would not think that the ERISA statement applies only to
8 the life insurance plan. Thus, it would be reasonable to interpret
9 the General Provisions section as applying only to the life
10 insurance plan.

11 The Ninth Circuit has made clear that an administrator has
12 discretion only where discretion is "unambiguously retained."
13 Kearney v. Standard Ins. Co., 175 F.3d 1084, 1090 (9th Cir.
14 1999) (en banc); see also Sandy v. Reliance Standard Life Ins. Co.,
15 222 F.3d 1202, 1207 (9th Cir. 2000). The Court finds that the
16 administrator has not unambiguously retained discretion over the
17 LTD plan based on the discretionary language located in the life
18 insurance section.

19 Thus, the Court now turns to the language found in the LTD
20 Plan itself to determine whether that language is unambiguous.
21 Plaintiff argues that the language, "Hartford reserves the right to
22 determine if proof of loss is satisfactory," is similar to language
23 the court reviewed in Sandy. In Sandy, the court held that a plan
24 provision requiring a participant to "submit satisfactory proof of
25 total disability" to the plan administrator did not unambiguously
26 confer discretion under Kearney. 222 F.3d at 1204. The court
27 stated that "unlike other plan provisions we have held conferred
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1 discretion," the plan in question provided "no language conferring
2 authority on Reliance to determine eligibility, to construe the
3 terms of the Plan, or to make a final and binding decision." Id.
4 at 1205.

5 Defendants correctly note that the language in Sandy is
6 different because, here, Hartford states that it "reserves the
7 right to determine if proof is satisfactory." In Sandy, the plan
8 only required the claimant to submit satisfactory proof.
9 Defendants argue that the language here makes clear to the reader
10 that Hartford will have the right to determine whether a claim is
11 payable. But they cite no case where a court found similar
12 language in a plan to confer discretion. As in Sandy, the language
13 here could mean that Hartford reserves the right to determine the
14 forms and supporting documents required for a proof of loss
15 submission.

16 The language here does not confer discretion to determine
17 eligibility and construe the terms of the plan as clearly as did
18 the language in cases where abuse of discretion review was found.
19 See, e.g., Jordan v. Northrop Grumman Corp. Welfare Benefit Plan,
20 370 F.3d 869, 875 (9th Cir. 2004) ("Travelers has the discretion to
21 construe and interpret the terms of the Plan and the authority and
22 responsibility to make factual determinations."); Friedrich v.
23 Intel Corp., 181 F.3d 1105, 1110 n.5 (9th Cir. 1999) (finding
24 language providing Intel "shall have the sole discretion to
25 interpret the terms of the Plan and to determine eligibility for
26 benefits" sufficient to retain discretion). And, as the Ninth
27 Circuit has ruled, "Merely using the word 'determine' in the policy
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1 does not insure that the denial of benefits will be reviewed for
2 abuse of discretion." Newcomb v. Standard Ins. Co., 187 F.3d 1004,
3 1006 (9th Cir. 1999).

4 Here, the language arguably confers discretion; but if
5 "language only 'arguably' confers discretion, then by definition,
6 it does not confer discretion 'unambiguously,' the requirement for
7 deferential review." Green v. Sun Life Assur. Co. of Canada, 383
8 F. Supp. 2d 1224, 1227 (C.D. Cal. 2005). As the court noted in
9 Sandy, "Neither the parties nor the courts should have to divine
10 whether discretion is conferred. It either is, in so many words,
11 or it isn't." 222 F.3d at 1207. Because the language does not
12 unambiguously "say in sum or substance" that Hartford "has
13 authority, power, or discretion to determine eligibility or to
14 construe the terms of the Plan, the standard of review will be de
15 novo." Id.

16 II. De Novo Review

17 Defendants argue that, even under a de novo standard, their
18 decision to terminate Plaintiff's benefits must be upheld, because
19 Plaintiff's claim of total disability from any occupation is not
20 supported by the record. Of the three doctors Defendants rely upon
21 to support their termination of benefits, however, only one, Dr.
22 Kimelman, actually examined Plaintiff. As noted above, Dr.
23 Kimelman found Plaintiff to be believable. He further found that
24 Plaintiff's symptoms on the day he examined her were minimal, and
25 that her objective factors noted on the day he examined her would
26 allow her to perform a sedentary occupation. Dr. Kimelman's report
27 was clear that his finding, that Plaintiff could return to work in
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1 a sedentary occupation, was based on how Plaintiff was feeling and
2 performing on that day. See AR 137 ("on today's examination"; "her
3 objective factors noted today"). But, as explained by the Third
4 Circuit, "CFS does not disable an individual afflicted with it from
5 performing particular, isolated activities, but rather prevents him
6 from performing all activities for any prolonged period of time."
7 Mitchell v. Eastman Kodak Co., 113 F.3d 433, 441 n.7 (3d Cir. 1997)
8 (emphasis in original). Dr. Kimelman was silent regarding whether
9 Plaintiff could perform any of the objective functions over a
10 prolonged period of time, as were the other two doctors Defendants
11 hired to review Plaintiff's records.

12 The doctors noted that Plaintiff was observed on the video
13 surveillance walking, driving and doing errands; however, doing
14 those activities for a couple of hours on five out of the six days
15 she was under surveillance does not mean that Plaintiff is able to
16 work an eight-hour a day job. Attending a two-hour weekly
17 committee meeting for ten consecutive weeks is not equal to working
18 eight-hours a day, five days a week, week after week, month after
19 month. Nor is sitting attentively for four hours while being
20 interviewed and then going with a friend to the doctor the
21 equivalent of working on a full-time basis.

22 Defendants acknowledged at the hearing that Plaintiff would
23 still be "totally disabled" under the LTD Plan if she could work
24 four hours a day; Plaintiff is totally disabled unless she is able
25 to work full-time in "any occupation," for which she is, or could
26 be, qualified. But the two doctors who reviewed Plaintiff's
27 records, and did not examine Plaintiff, offered no convincing
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1 evidence to show that Plaintiff could work an eight-hour day, even
2 at a sedentary job. Dr. Siegel stated that Dr. Kimelman's medical
3 evaluation of Plaintiff supports that she is capable of sedentary
4 work; however, as discussed above, that report was based only on
5 Plaintiff's symptoms on that particular day and did not discuss
6 Plaintiff's abilities to perform objective functions for any
7 prolonged period of time. Based on his review of the medical
8 records and the surveillance video, Dr. Seigel further concluded
9 Plaintiff should be physically capable of performing full-time
10 sedentary to light duty work activities. Reviewing the Plaintiff's
11 medical record and watching the surveillance tape, the Court did
12 not reach the same conclusion.

13 Dr. Cuevas relied, in part, upon a note in Plaintiff's medical
14 record that Plaintiff ran for the local school board and won, to
15 support his conclusion that Plaintiff has the ability to work
16 without restrictions at a sedentary level on a full-time basis.
17 Dr. Cuevas surmised that because Plaintiff was on the local school
18 board, "she elected to involve herself in activities which required
19 future planning and commitments." Campaigning for and working on
20 the local school board, however, is not a forty-hour a week job.
21 Before deciding to run for the local school board, Plaintiff
22 learned that there would be three to four meetings a month and
23 reading/studying at home. Her campaign consisted of sending by
24 email a flyer made by a friend. Plaintiff thought that she could
25 read and study while lying down at home and could physically handle
26 one meeting a week. But sometimes she could not, and had to
27 reschedule meetings. Other times, she would be in bed all day

1 before a meeting, go to the meeting, and then come home and go
 2 right back to bed. After a year, Plaintiff resigned from the
 3 school board because she could no longer physically do the job.³

4 The Court does not find Drs. Kimelman, Siegel and Cuevas'
 5 conclusions that Plaintiff is capable of working full-time
 6 persuasive; Dr. Ho's conclusion that Plaintiff cannot work full-
 7 time, however, is persuasive, as are Dr. Lowe's conclusion that
 8 Plaintiff would have a difficult time working and Dr. Kimelman's
 9 conclusion that Plaintiff is believable. Defendants correctly note
 10 that the Supreme Court rejected the "treating physician rule,"
 11 which required that special deference be given to the opinion of a
 12 treating physician. See Black and Decker v. Nord, 538 U.S. 822
 13 (2003). However, the Ninth Circuit has held, following the Supreme
 14 Court's decision in Nord: "On de novo review, a district court may,
 15 in conducting its independent evaluation of the evidence in the
 16 administrative record, take cognizance of the fact (if it is a fact
 17 in the particular case) that a given treating physician has a

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 19 ³ Defendants object to Plaintiff's declaration, which contains
 20 this information regarding Plaintiff's work on the local school
 21 board. They argue that the declaration is inadmissible because the
 22 Court's review should be limited to a review of the administrative
 23 record. The Ninth Circuit instructs that a district court should
 24 exercise its discretion to consider information not in the
 25 administrative record "only when circumstances clearly establish
 26 that additional evidence is necessary to conduct an adequate de
 27 novo review of the benefit decision." Mongeluzo v. Baxter Travenol
 28 Long Term Disability Ben. Plan, 46 F.3d 938, 944 (9th Cir. 1995).
 Here, it is necessary to consider Plaintiff's declaration.
 Defendants never investigated Plaintiff's work on the school board.
 Nor did they ask her about it. Instead, as Plaintiff notes,
 Defendants denied her appeal, based in part on a single line in Dr.
 Ho's medical notes, and then closed her file. Plaintiff was never
 given an opportunity to explain and thus the record is devoid of
 any information regarding Plaintiff's work on the school board.
 Defendants' objection is overruled.

1 greater opportunity to know and observe the patient than a
2 physician retained by the plan administrator." Jebian v.
3 Hewlett-Packard Co. Employee Benefits Org. Income Protection Plan,
4 349 F.3d 1098, 1109 (9th Cir. 2003) (quotations omitted). Plaintiff
5 has been a patient of Dr. Ho for over twenty-years. The Court is
6 not convinced that, because Plaintiff lives in Oregon and Dr. Ho
7 practices in California and does not know what Plaintiff does every
8 day, Dr. Ho's assessment of Plaintiff should be discounted.
9 Plaintiff provided to Hartford and Dr. Kimelman valid reasons for
10 traveling to California to see Dr. Ho.

11 Plaintiff's affliction and inability to work in any occupation
12 is well-documented in Dr. Ho's records and the administrative
13 record. Approximately three month before Defendants terminated
14 Plaintiff's benefits, even Hartford agreed with Dr. Ho's
15 assessment. A September 12, 2003 note from Hartford's Summary
16 Detail Report states: "Med info supports that EE continues to
17 remain TD any occ due to chronic fatigue syndrome. AP has
18 indicated that on a good day, EE has cap. for physical act, and too
19 much act. results in worsening of sx." AR 46. And, a month after
20 that note, Hartford employees concluded that, even with Dr.
21 Kimelman's report, there was not enough to terminate Plaintiff's
22 claim.

23 As Plaintiff notes, there has been no significant change in
24 her condition. She still has good days, when she can function, and
25 bad days, when she cannot function. It is unpredictable whether
26 Plaintiff will have a good day or a bad day, and, as Dr. Ho notes,
27 the bad days can continue for up to two weeks. A full-time
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1 employer cannot handle such inconsistent attendance and
2 unpredictability.

3 In reviewing all of the evidence in the administrative record,
4 as well as Plaintiff's declaration, the Court finds that Plaintiff
5 is entitled to an award of benefits.

6 CONCLUSION

7 For the foregoing reasons, the Court GRANTS Plaintiff's motion
8 for judgment by the Court (Docket No. 22) and DENIES Defendants'
9 cross-motion for judgment (Docket No. 26). Plaintiff shall recover
10 her costs of action from Defendants. Judgment shall enter
11 accordingly.

12 IT IS SO ORDERED.

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14 Dated: 3/28/06



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16 CLAUDIA WILKEN
United States District Judge
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